

Community Health Education (CHE) helps people take responsibility for the health conditions in their communities. Community leaders work together to address issues such as water purification, sanitation, and other local health concerns. The Khmer Presbyterian Fellowship pastors have chosen CHE as their long-term strategy for improving the health of those with whom they minister. HANDS for Cambodia is committed to supporting KPF with CHE training. The following testimonies come from participants in the August 22-26, 2011 CHE training in Phnom Penh. The 27 participants included 15 women and 12 men from at least 7 villages and 2 provinces. Pastor Saruon ministers in Kampong Speu province and Pastor Socheat ministers in Kampong Cham province. *-Mary Hodge*



My name is **Nut Samnang**, from Kampong Speu Presbyterian Center. I very glad to attend this training, it's very useful. Before I attend this training, I just think that I am an unused people because of my sickness. But after join this training; I feel that my life

is more value before God. The lesson teaches me to live for community and other people. I found that, the children in my village always get sick during two or three day. The problem is lack of hygiene and how to prevent the sickness. It's very important to protect them before they get sick. Therefore, what I can do is telling them about what I learned. Thank you!



My name is **Thong Kim Huot**, from Steung Trong church of Kampong Cham province. Before I attend this CHE training, I thought that relief is always important for my church and Cambodia. But after CHE training, I understand much about

community. The lesson teaches me to make a community and develop it together. Development needs all members in the community. Their ideas are very important to develop their community. The community cannot just wait for donation, but they have to co-operation to develop their community. We have to make plan together and run it. I offer my life for His glory, therefore I go to community to teach them what I learned. Thank you!



My name is **Chan Sokny**, from Steung Trong church of Kampong Cham Center. I think that CHE training is very different from other training. Before I thought that "relief" is a good way for poor community. But right now, I understand that

we can relief the community for a while. Then they still poor because don't know how to survive. Develop is a good way for community and it will be stable. It can change the community situation and make them grow up. I also understand to teach the community with effective. It's better than before. Before I thought that "only teacher is very important" But now I understand it is not only teacher, but candidate also. I think it will be better if all leaders bring this lesson and practice in their community.

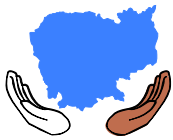
Conclusion: CHE is a very good program for community. It'll be helped for leaders and make them to be good leaders.



My name is **Long Norn**, from Kampong Speu Presbyterian Center. During this few days, I learned a lot of lesson through CHE training. All of lesson are very useful for me. "Community Development" is a lesson that I interested. Even "Development"

takes long time to practice but it can change my community. I would like thank you to my pastor who send me to this training. I also thank you to HANDS that support for this training.

For more information on CHE visit
www.chenetwork.org.



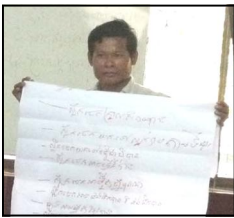
My name is **Nut Vannak**, age 21 year old from Samrong Cheung Phnom village, Kampong Speu Presbyterian Center. Before I attend CHE training, I thought that "Money is very important". But after studied some lessons in CHE training, I found that "Money is not

important than Health". I also have time to meet for devotion and share testimony of faith. I cannot do any things if my health is weak. Anyway, [if I get sick] the money will be paid for medicine or hospital. Through this training, I know how to take care my health and family. I commit to share this lesson to my family and community. I give thank you to all who support for this training.



My name is **Tak Mao**, age 23 year old from Tropang Keh village of Kampong Speu Presbyterian Center. I studied many lesson in this CHE training. I more interested in one lesson call "Community Development". I did not know how to develop community or even my

family. But after this training, I know that development is starting from each one as me. The development is taking long time to grow up, but it will be stable for my community. I will use this lesson for my family at first and my family will be a example for community. But I realize that it's not easy to change the community conception. However, I have to show an example.



At first, I would like give THANK YOU LORD Jesus Christ. I greet to all of you in the name of Jesus Christ. My name is **Yin Eang**. I'm glad to share my testimony to you. I was a prisoner in Koh Kong province jail. At that time I did not

believe in Jesus yet, but I was opened my heart for Him. In the prison, I read bible every day, because it was very important to me... I remember Matt 17:20, faith like a small seed. I was waited for God's salvation from the jail. But now I get freedom. It's time for me to develop my family and community. I have to live as His child. Therefore, it's a good opportunity for me to be trained in CHE. I learned more about Community Development. People can see Jesus through Christian community. Even development takes time but it's good project for my family and community. CHE training is very useful for me to live in the community. Finally, I would like to THANK YOU GOD and HANDS who support me and other leaders to attend this training.



My name is **Tit Keu**, elder of Kampong Speu Presbyterian Center. This is my second time to attend CHE training because this training is very important to me and my community. I acknowledge that "To relief community is different from community development". "Relief

the community" just a short time of help, but "Community Development" is a long term help for my community. "Development" is to help them to help them self. To develop a community needs community to join with. The community should have same goal, same purpose. I will bring what I learned to teach in my community to grow up. Through community, the glory of God will be shown to other. Thanks to all church member who has been support in HANDS for established CHE training for my church leaders. May God Bless you more Blessing!! Amen!



Mr. Heng Sokhorn, age 39 year old from Kampong Cham.

Position: Officer of Kampong Cham prison, department of Education.

According to Khmer history after Pol Pot regime, Cambodian people just waited for donation. This conception is always being with our mind. Through this training, I can know that donation can be help for a while. But development is a stable donation. There are more lessons about health. It's very important for my work place (prisoners). The problem of prisoners' health is lack of hygiene. The lesson of "prevent is better than healing" is very useful for prisoners. I commit to share what I

have learned to all officers and prisoners in Kg Cham prison. I hope that this kind of this training can be establish continually for more leaders even they are non-Christian. I also would like to say THANKS to HANDS and all peoples who sponsor this training.